

2017 AWOC DuO Championships – 9 Mile Hill Sunday 10th September

A good turnout in perfect weather on Sunday for the Club DuO Champs

Congratulations to Matt Flower for another win in this event and great to see a new junior champion in Ethan Rahaley having his first outing in the DuO. Ethan ran a very impressive 21.43 for the first foot leg, only 8 seconds slower than Leigh. Rick had the fastest time of 19.07 on the first Foot Leg, Matt was quickest on the bike by a fair margin in 32.51 and Leigh showed he has very good fitness with easily the fastest time of 20.30 on the third leg.

Other noteworthy performances were Raf's excellent ride time of 39.20 which was the second fastest on the day, beating Leigh by 29 sec. And Tony puncturing way down south around control 8 and having to run/carry his bike the rest of the way.

Estimated run/ride times were between 20-30 minutes each leg and this proved to be pretty much on the money for the first foot leg. Times for the MtBike leg were more like 30-40 minutes indicating the 3.8 km course was bit harder than it looked on paper. Times for the final foot leg were a bit higher than the first leg indicating a bit of a fatigue factor, except for Leigh of course who was a minute faster on the longer second foot leg.

Thanks all to those who helped bring the controls, in particular to Hugh who completed both foot courses then had two more hit outs getting the controls in.

Place	Name	Foot A	MTB	Foot B	Total	
DU-O						
1	Matt Flower - 2017 Champion	19.35	32.51	23.29	75.55	
2	Leigh Privett	21.35	39.49	20.30	81.54	
3	Rick Armstrong	19.07	42.10	25.51	87.08	
4	Rob Simmons	20.40	44.25	31.31	96.36	
5	Ethan Rahaley - Junior Champion	21.43	43.49	32.58	98.30	
6	John Ferguson	29.44	40.32	32.18	102.34	
7	Tony Wilson	31.24	49.10	23.35	104.09	
8	Raf Freire	38.05	39.20	32.04	109.29	
9	Jack Janetzki	28.01	55.50	36.16	120.07	
10	Bill Krautz	30.46	74.32	34.56	140.14	
MTB Only						
1	Damian Christian		45.15			
2	Will Jessup		49.46			
3	Graeme Jessup		69.02			
4	John & Tom Janetzki		79.49			
Foot Only						
1	Emma Flower	31.05				
2	Hugh Cameron	41.11		42.56		
3	Bob & Kaitlyn Boehm	42.56				
Two Legs						
1	Peter & Nic Mousley	50.07	46.00			
2						